

CITY OF ROLLING MEADOWS SENIOR RESOURCE BOOK

This is an informational booklet provided by the City of Rolling Meadows intended to help senior residents locate area resources. Services change according to budgets. Please contact the provider for up-to-date information. The City of Rolling Meadows does not endorse any business listed in this booklet. Many other businesses offer excellent services. As always, inquire about references. Please contact the City Clerk's office with any corrections to this information (847.394.8500).

CITY OF ROLLING MEADOWS SENIOR SERVICES

Contractor List

Community Development Department 1.847.506.6030

- ◆ Offers a list of area contractors for a wide variety of services.

Handyman

Community Development Department 1.847.506.6030

- ◆ Light home maintenance and repairs
- ◆ Minimal fee for service

Paramedic Follow-up Calls

Fire Department 1.847.397.3352

- ◆ Follow up calls are made to seniors who received paramedic and / or ambulance services through the City of Rolling Meadows Emergency Medical Services Team.

Snow Removal

Public Works Department 1.847.963.0500

Snow removal for snowfalls 3" and greater

- ◆ Minimal fee for service.

TOWNSHIP OFFICES

Local townships offer a variety of essential services. This list is not all encompassing. Contact your local township office for additional information.

- ◆ Assessor's Office also accepts applications for Senior Exemption and Homeowner's Exemption real estate tax relief
- ◆ Circuit Breaker Program: senior citizens and persons with disabilities may qualify for tax grants, prescription drug assistance and license plate discounts
- ◆ Emergency Financial Assistance

- ◆ Food Pantry
- ◆ Disabled Parking placards
- ◆ Transportation options for seniors and persons with disabilities

Elk Grove Township 1.847.437.0300
 2400 S. Arlington Heights Road www.elkgrovetownship.com
 Arlington Heights, IL 60005

- ◆ North: south side of Central Road
- ◆ South: Devon Avenue
- ◆ East: Mt. Prospect Road
- ◆ West: Route 53

Palatine Township 1.847.358.6700
 Palatine Township Senior Services 1.847.981.1121
 721 S. Quentin Road www.palatinetownship.com
 Palatine, IL 60067

- ◆ North: Lake-Cook Road
- ◆ South: north of Central Road
- ◆ East: Wilke Road
- ◆ West: Huntington / Freeman Road

Schaumburg Township 1.847.884.0030
 1 Illinois Boulevard www.schaumburgtownship.org
 Hoffman Estates, IL 60169

- ◆ North: south of Central Road
- ◆ South: Irving Park Road
- ◆ East: west of Route 53
- ◆ West: Barrington Road

Wheeling Township 1.847.259.7730
 1616 N. Arlington Heights Road www.wheelingtownship.com
 Arlington Heights, IL 60004

- ◆ North: Lake-Cook Road
- ◆ South: north of Central Road
- ◆ East: Des Plaines River
- ◆ West: Wilke Road

ADULT DAY CARE CENTERS

see 'agencies offering services for seniors'

AGENCIES OFFERING SERVICES FOR SENIORS

Age Options 1.800.699.9043 or 1.708.383.0258
1048 Lake Street, Suite 300 TTY 1.708.524.1653
Oak Park, IL 60301 www.ageoptions.org

- ◆ Serves suburban Cook County.
- ◆ Connects older adults with in-home care, adult day services, nursing home facilities, nutrition and health care programs
- ◆ Telephone and in-person assistance

Catholic Charities 1.847.253.5500
Northwest Regional Senior Services www.catholiccharities.net
1801 W. Central Road
Arlington Heights, IL 60005

- ◆ Serves residents of Palatine , Wheeling, Hanover and Barrington Townships
- ◆ Information and referral
- ◆ Assessment and monitoring of in-home supportive services including nutrition, housekeepers, homemakers, adult day care, respite care, senior companions, money management, Medicare fraud, abuse

Kenneth Young Center 1.847.524.8800
1001 Rohlwing Road www.kennethyoung.org
Elk Grove Village, IL 60007

- ◆ Serves residents of Elk Grove Township
- ◆ Information and referral
- ◆ Assessment of needs and linkage to in-home support services including 'Red-Tape Cutters', 'Meals on Wheels', homemaker service, chore housekeeping, adult day care, respite care, caregiver resources
- ◆ Assessment of needs and linkage to nursing home placement and other long term options

ASSISTANCE PROGRAMS

Food Stamps and Food Pantries

Illinois Department of Human Services 1.847.745.3200
Northern District Office (food stamps, medical assistance)

8020 St. Louis
Skokie, IL 60067

IDHS Satellite Office 1.847.843.1400
1 Illinois Boulevard
Hoffman Estates, IL 60169
♦ Food stamp and medical assistance applications only

Church of Christ 1.847.259.2995
2300 Cardinal Drive
Rolling Meadows, IL 60008
♦ Food pantry

Harvest Bible Chapel 1.847.398.7005
1051 Rohlwing Road
Rolling Meadow, IL 60008

Lutheran Church of the Cross 1.847.437.5141
2025 S. Goebbert Road
Arlington Heights, IL 60005

Trinity Lutheran Church 1.847.398.7122
3201 Meadow Drive
Rolling Meadows, IL 60008
♦ Food pantry

Willow Creek Care Center 1.847.882.3663
2080 Stonington Avenue (Bright Hope Building)
Hoffman Estates, IL 60169

Food pantries and 'Meals on Wheels' programs are also available through your local township office.

Low Income Home Energy Assistance Program (LIHEAP)

CEDA Northwest 1.847.392.2332
1300 N. Northwest Highway www.cedanorthwest.org
Mt. Prospect, IL 60056

LIHEAP applications are also available through your local township office.

HOME HEALTH

see ‘agencies offering services for seniors’

HOSPICE

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| Hospice of Illinois | 1.773.539.3554 |
| ♦ Serves Cook County | www.hospiceofil.com |
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| Hospice of Northeastern Illinois, Inc. | 1.847.381.5599 |
| ♦ Serves Cook County | www.hospiceanswers.org |

HOSPITALS

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| Northwest Community Hospital | 1.847.618.1000 |
| 800 W. Central Road | www.nch.org |
| Arlington Heights, IL 60005 | |
| ♦ This is the closest hospital to Rolling Meadows, and the emergency room that attends to most Rolling Meadows Fire Department / Paramedic calls for service. | |
| ♦ Senior Services | 1.847.618.7440 |
| ✓ Geriatric Assessment | |
| ✓ Adult Day Center | |
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| Advocate Lutheran General Hospital | 1.847.723.2210 |
| 1775 W. Dempster Road | www.advocatehealth.com/luth/ |
| Park Ridge, IL 60068 | |
| ♦ Older Adult Services | 1.847.723.7770 |
| ✓ Geriatric Assessment | |
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| Alexian Brothers Medical Center | 1.847.437.5500 |
| 800 Biesterfield | www.alexianbrothershealth.org |
| Elk Grove Village, IL 60007 | |
| ♦ Alexian Brothers Older Adult Institute | 1.847.956.5465 or 1.847.839.6481 |
| ✓ Geriatric Assessment | |
| ✓ Family Caregivers of Older Adults | |
| ✓ Resource Center for Seniors | |

Area doctors

- ◆ Contact the hospital of your choice to locate a doctor who accepts your health plan.

Access at Northwest Community 1.847.342.1554
675 W. Central Road, Suite 101
Arlington Heights, IL 60005

- ◆ Medical clinic
- ◆ Accepts IDHS Medicaid. Discount program available.

Cook County Department of Public Health 1.847.818.2860
2121 Euclid (medical – lower level; dental – 2nd floor)
Rolling Meadows, IL 60008

- ◆ Low income eligibility guidelines

Harper College Dental Hygiene Program 1.847.925.6534
1200 W. Algonquin Road (parking lot 4A)
Avante Center, Room X 102
Palatine, IL 60067

Medicare (national plan) 1.800.633.4227 or www.medicare.gov

Medicaid (State of IL medical assistance)

- ◆ Obtain a list of medical providers that accept IDHS Medicaid 1.866.468.7543
- ◆ Obtain a list of dental providers that accept IDHS Medicaid 1.888.286.2447

American Association of Retired Persons 1.888.687.2277 or www.aarp.org/health

- ◆ Provides information about health, Medicare options, pharmaceutical programs, consumer news, and more.

MOTORISTS

IL Secretary of State 1.800.252.8980
1227 E. Golf Road www.sos.state.il.us
Schaumburg, IL 60173

- ◆ Disabled Parking placards

Disabled Parking placards are also available at your local township office. Forms are available at the City of Rolling Meadows Police Department front desk (City Hall, 2nd floor).

NURSING HOMES and other long term care options

see 'agencies offering services for seniors'

RELOCATION

Gero Solutions, Inc. 1.847.705.2123
800 E. Northwest Highway, Suite 700 www.gerosolutionsinc.com
Palatine, IL 60074
♦ Specialists in relocating seniors

SAFETY

Elder Abuse: If someone is in *IMMEDIATE DANGER*, dial 9-1-1.

Illinois Elder Abuse Hotline 1.800.279.0400

Catholic Charities 1.847.253.5500
♦ Serves residents of Palatine and Wheeling Townships

Kenneth Young Center 1.847.524.8800
♦ Serves residents of Elk Grove and Schaumburg Townships

Safety Programs

Rolling Meadows Fire Department
Public Education Team 1.847.397.3352 (non-emergency #)
♦ Paramedic Follow-up Calls (already noted under the City's Senior Services)
♦ Smoke Detectors
♦ Carbon Monoxide Detectors
♦ Knock Box Program

Rolling Meadows Police Department
Community Involvement Team 1.847.255.2416 (non-emergency #)
3600 Kirchoff Road
Rolling Meadows, IL 60008
♦ Elder Fraud

- ◆ Identity Theft
- ◆ Home Security
- ◆ Personal Safety
- ◆ Vehicle Safety
- ◆ Vacation Safety

SOCIAL SECURITY ADMINISTRATION

215 S. Elmhurst Road
Prospect Heights, IL 60070

1.800.772.1213 or 1.847.222.1877
www.ssa.gov

- ◆ Retirement Benefits
- ◆ Medicare
- ◆ Survivors Benefits
- ◆ Supplemental Security Income

TELECOMMUNICATIONS SERVICES for persons with disabilities

Illinois Telecommunications Access Corp. 1.800.841.6167 (voice and TTY access)
www.itactty.org

- ◆ Amplified telephones
- ◆ Braille telephones
- ◆ TTY
- ◆ Illinois Relay

TRANSPORTATION

Regional Transportation Authority 1.847.836.7000 or www.rtachicago.com

- ◆ Public transportation is free to seniors throughout Illinois. This includes PACE and the Chicago Transit Authority (CTA). Contact the Regional Transportation Authority for trip planning.

The local township also provides transportation options in your area.

Hospitals *may* offer free or low cost transportation for medical care.

VETERANS' BENEFITS

Illinois Department of Veteran's Affairs
721 S. Quentin Road
Palatine, IL 60067

1.847.485.2772
www.veterans.illinois.gov

- ◆ Located in the Palatine Township Office at Quentin Rd and Illinois Blvd

(December 2009)